

# Sumner County Veterans

June 2021

*Our office helps Veterans apply for many VA benefits!*

- VA Disability Compensation
- Burial Benefits
- VA War Time Pension
- Survivor Benefits
- VA Medical
- ChampVA
- VA Education Benefits



June is National Post- Traumatic Stress Disorder (PTSD) Awareness Month, and is intended to raise public awareness about the issues related to PTSD. Sadly, too many of our Veteran take their own life because of this illness.

We ask everyone to be aware and help those that suffer from the invisible wounds of war and make sure they are receiving proper treatment.

**Help us spread the word that effective PTSD treatments are available!**

**Talk with fellow combat Veteran about your experiences, 24 hours a day, 7 days a week, 365 days a year! Call 877-927-8387**



## Sumner County Veteran Outreach

Each month we will have an accredited representative available to assist you. Please join us at the following locations.

**July 6– VFW Hall 73 New Shackle Island**

**8:30-11:00 AM**

**July 7 – VFW Westmoreland 2605 Epperson Springs Road**

**8:30-11:00 AM**

**July 7 – Portland Public Library 301 Portland Blvd**

**1:00-3:00 PM**

Many of our Veterans suffer from Post-Traumatic Stress Disorder (PTSD). VA offers mental health services as well as compensation for Veterans that suffer from PTSD, due to their time in service. If you, or someone you know, is suffering from PTSD please have them reach out to the VA medical center. The VA can offer mental health treatment for many Veterans. VA also has **Vet Centers**; these centers are community-based counseling centers that provide mental health services to Veterans, to include National Guard and reserves components.  
**Nashville Vet Center: 615-883-2333**  
Give them a call if you believe you, or someone you know, is suffering from PTSD. They have trained professionals there to help!

**Not all wounds are visible, you are not ALONE!**